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Week of February 5, 2018

A Word about Lent

"Lent" is a season of the church year whose focus is on repentance, penitence, and spiritual growth. "Lent" which occurs during Springtime comes from an Old English word meaning "lengthening". Lent is the 40 days (not including Sundays) from Ash Wednesday to Easter Day. The Dates for Lent vary annually depending on date of Easter, but begins this year on February 14th with Easter being observed on April 1st. Traditionally the Color for Lent is Purple or blue signifying penitence.

One of the ancient traditions of Lent is to give up, or fast from, something for Lent in order to identify with Christ's suffering. One might give up some enjoyable food (meat, sweets, or bread) or an enjoyable activity (watching television, Facebook, or the daily newspaper)

Another tradition is to "take up" something for Lent; start a new spiritual discipline or doing good deeds each day, to identity with Jesus' taking up his cross of forgiveness. Others save money each day and then at the end of Lent, donate it to a mission project.

Since Lent is a season of self denial and sacrifice many cultures have developed traditions of a party before Lent begins. Fat Tuesday (*Marti Gras* in French; *Carnival* in Spanish/Italian) was the day before Ash Wednesday when households would use up the fat or other luxuries in kitchen before the season of Lent began. Some churches today have Fat Tuesday observance where pancakes are served.

Whatever you chose to do for Lent; give up - or take up, the aim is to grow your faith, and prepare to more fully celebrate Resurrection at the end of those 40 days.

Searching for a Children's Ministry Director

We are still searching for that person who will head up our ministry with children and youth. We are earnestly praying that God will send the person that God wants for this essential ministry. If you know of someone you think would be good for the job have them send a resume' to the church. If you don't know of anyone at least join us in prayer.

GraceWorks has continuous need to donations to their food pantry: **Critical Needs:** Canned green vegetables (not green beans), Canned beans, Canned meat (not tuna), Cereal, Hamburger Helper type boxed meals, Soup. Please support this important ministry with your regular donations. The box is located next to the side door leading into the sanctuary.

Will's Wonderings:

The season of Lent begins in just a few days. We are often encouraged to "give up" or fast from something during the Lenten Season. Usually we give up something physical: i.e. giving up certain foods that we enjoy (chocolate or soft drinks, maybe) or giving up some activity we enjoy (watching TV or Facebook, perhaps) But the goal of fasting is spiritual growth, and we are encouraged not only to give up something, but also to "take up" something start a new spiritual discipline (like journaling or fasting.).

Going beyond the realm of the physical here are some suggestions for giving up/taking up for Lent: Give up - Anger and Resentment

Take up - active love. Find an opportunity each day to show God's forgiveness

Give up - judging others. Take up - offering mercy. Each day remember Jesus' words on the cross.

Give up - discouragement.

Take up - positive action. Spend time each day thinking about God's plan for you, and begin to ACT on it.

Give up - complaining.

Take up - thanksgiving. When we are truly thankful for God multitude of blessings complaints dim by comparison

Give up - bitterness.

Take up - forgiveness. God has forgiven the person who offended you; you may as well do so, too.

Give up - spending too much on yourself

Take up - giving to charitable causes.

Church, what are going to give up for Lent: what are you going to take up?

Shalom

Will

See YOU Sunday!

<u>Trinity Dinner for Eight</u>

Instead of Dinner at 8:00, we are doing dinner groups for Eight in hopes of getting to know the members of TUMC better.

A host/hostess will be assigned for each group's first gathering. The hostess/host of each group of 8 will pick a night/day, time, that is best for their group. Subsequent hosts/times can be decided at the first meal. You can play games, organize it around a sporting event, book talk, or share an activity. Socializing is the key.

The hosts will provide the main dish, and everyone else will sign up for sides or dessert.

These groups can meet once a month or every other depending upon the season. Groups will be re-divided after six months.

Please see the sheet on the bulletin board sheet to sign up with name, phone #, email, and best day and time that you are available. Questions? please call 615.810.9923

UPCOMING Opportunities:

Thursday mornings -- 10:00 a.m.- Bible Study. We are currently studying the Lectionary readings for the
up-coming week. Come join us. We need your input!Wednesday evening 6:30-8:00 p.m.- Choir practiceWednesday, February 14 - 7:00 p.m.- Ash Wednesday worship serviceSaturday, February 17 - 4:00-- Trinity serving Community Supper at Glencliff UMC see Charles to
volunteerSunday, March 4 after worship- 1st Sunday Covered Dish fellowship mealThursday, March 29 - 7:00-- Holy Thursday worship serviceFriday, March 30 -- 7:00-- Good Friday service of TenebraeSunday, April 1-- Easter Sunday

Prayer Ministry

The following persons are part of the prayer ministry at Trinity UMC:

Elva Beard	Hal Newman	Sam Richardson
Larry Eastwood	Kenneth Stevens	Judy Richardson
Leslie Eastwood	Patricia Stevens	Charles Wilson

Part of our membership vows in Trinity UMC is that we will all pray for the ministries of our church so we are all praying, right? However the members of the prayer ministry of Trinity United Methodist church covenant with one another to pray daily for:

- Those concerns on the prayer list of the Church and for healing of body and spirit for all persons listed;
- For each ministry of the church that each ministry would work to bring the Gospel to those within our community and most especially to bring the Gospel to those who have not yet accepted Jesus Christ as Lord and Savior;
- For all the members of the Trinity UMC community that they be led and enabled to live as the Body of Christ;
- For our local community and all its needs, especially for those who are struggling with the burden of poverty;
- For our nation and our world that God help lead the people of the world to live in peace with God's Kingdom.

If you would like to be a part of this ministry please see Brother Will and we will be sure to add you to the list.

The Nanette Crowell Companions in Christ Sunday School Class: We enjoy fellowship beginning at 9:45 with our study beginning at 10:00. Our current study is, "Epic of Eden," a tour through the Old Testament, learning more about ancient cultures and how those cultures translate into modern times. All are welcome to join us as we pursue Biblical truths and the application for our lives.

Laughter is GOOD Medicine

With President's Day coming up:

Once there was a little boy who lived in the country. They had to use an outhouse, and the little boy hated it because it was hot in the summer, cold in the winter and stank all the time. The outhouse was sitting on the bank of a creek and one day as he walked by he got so angry with the thing that he pushed it off the side of the bank into the creek!

That night his dad told him they were going to the woodshed after supper. Knowing that meant a spanking, the little boy asked why. The dad replied, "Someone pushed the outhouse into the creek today. It was you, wasn't it, son?" The boy thought a moment and said, "Dad, we read in school that George Washington chopped down a cherry tree, but he didn't get into trouble because he told the truth."

The dad replied, "Well, son, George Washington's father wasn't sitting in that cherry tree."

Hunger Lilies

The Worship Committee has decided due to the allergies of some of our congregation,

that this year we will not have an "Easter Lily " sale. We hope that you will donate the funds

you would have spent on Easter lilies to the Glencliff Food Fund for the underprivileged.

Trinity volunteers provide Community Meals four times per year at Glencliff UMC.

Meals prepared and served by our church members help feed this community of believers.

Each of these meals costs around \$300.00. For more information on Glencliff or to volunteer; talk with Sam or Charles.

You can donate to this ministry in honor of or in memory of someone. The persons being honored or remembered will be acknowledged in a bulletin insert on Easter Sunday.

Make your checks out to TUMC, note on the bottom line (Glencliff Food Fund or GCF) and place it in the regular offering any Sunday through March 25th. Thank you for your generosity in giving to those who are in need of sustenance in our area. Questions? 615.810.9923

Worship Leader Schedule Sunday, February 11, 2018

Liturgist -- Hal Newman Greeters -- Gina and Brandon Stewart Ushers -- Maurice and Joyce Edwards

Sunday, February 18, 2018

Liturgist -- Julia Moore Greeters -- Tommy and Jo Cotton Ushers -- Marty and Dana Bauguess

Sunday, February 25, 2018

Liturgist -- Charles Wilson Greeters -- Sam and Judy Richardson Ushers -- Ken & Jan Strait

Birthdays in February

2/3 Donnie Hartsock,2/7 Joyce Edwards, Bert Winton,2/9 Maurice Edwards2/15 Michael Salazar2/19 Jeanne Rybolt

2/20 Russell Saunders2/22 Patricia Stevens2/25 Rodger Klein2/26 Eric Crowell

As you are probably aware our offering income for the year is lagging behind our budgeted needs. In the coming weeks, please give generously.